

Caernarfon 10k

Overall Results

Bib	Name	Gend	Pos	AG	Pos	Club	ChipTi	GunTime	Pos
10k									
230	Scott Nixon	M	1.	Male 21-34	1.	Wrexham AAC	00:33:31	00:33:31	1.
148	Gavin Stuart	M	2.	Male 35-39	1.	Cybi Striders	00:33:53	00:33:53	2.
169	James Yarwood	M	3.	Male 35-39	2.	Wrexham	00:34:05	00:34:05	3.
138	Jonathan Kettle	M	4.	Male 45-49	1.	North Wales Road Runners	00:34:59	00:34:59	4.
246	Thomas Grimes	M	5.	Male 40-44	1.	Orion Harriers	00:35:07	00:35:07	5.
183	Ian Edwards	M	6.	Male 35-39	3.	Eryri Harriers	00:35:48	00:35:48	6.
107	Connor Daly	M	7.	Male 21-34	2.	(London)	00:36:00	00:36:01	7.
223	Sam Griffiths	M	8.	Male 21-34	3.	(Caernarfon)	00:36:18	00:36:21	8.
92	Simon Roberts	M	9.	Male 50-54	1.	Buckley RC	00:36:36	00:36:37	9.
106	Sean Davies	M	10.	Male 21-34	4.	(Conwy)	00:36:41	00:36:41	10.
210	Alison Campbell	F	1.	Female 21-34	1.	(Conwy)	00:36:43	00:36:43	11.
38	Huw Gwynn	M	11.	Male 21-34	5.	(Caernarfon)	00:37:00	00:37:02	12.
168	Ifan Jones	M	12.	Male 21-34	6.	Cybi Striders	00:37:39	00:37:39	13.
171	Armon Williams	M	13.	Male 35-39	4.	Cybi Striders	00:38:03	00:38:03	14.
217	Sol Pita	M	14.	Male 12-20	1.	(Llandudno)	00:38:18	00:38:18	15.
135	Michael Coyne	M	15.	Male 50-54	2.	Eryri Harriers	00:38:32	00:38:33	16.
236	Martin Oldfield	M	16.	Male 55-59	1.	Darwen Dashers Running Club	00:38:35	00:38:35	17.
53	Lee Rudd	M	17.	Male 50-54	3.	Bro dysynni ac	00:38:33	00:38:35	18.
203	Meurig Evans	M	18.	Male 21-34	7.	(Caernarfon)	00:38:33	00:38:39	19.
195	Cai Dafydd	M	19.	Male 12-20	2.	Eryri Harriers	00:38:47	00:38:47	20.
128	Amie Smith	F	2.	Female 21-34	2.	Cheshire Dragons	00:38:47	00:38:47	21.
158	Chris Thomas	M	20.	Male 40-44	2.	Cybi Striders	00:38:52	00:38:54	22.
201	Mike Holroyd	M	21.	Male 35-39	5.	Cybi Striders	00:38:58	00:39:00	23.
174	Danny Hazeldine	M	22.	Male 35-39	6.	(Bangor)	00:39:01	00:39:09	24.
8	Richard Eccles	M	23.	Male 55-59	2.	North Wales Road Runners	00:39:07	00:39:10	25.
120	Liam Taylor	M	24.	Male 21-34	8.	(Conwy)	00:39:11	00:39:14	26.
91	Jake Thomas	M	25.	Male 21-34	9.	CRCB	00:39:19	00:39:21	27.
64	Iestyn Evans	M	26.	Male 12-20	3.	(St. Asaph)	00:39:42	00:39:48	28.
58	Anna Drinkwater	F	3.	Female 21-34	3.	Eryri Harriers	00:39:48	00:39:50	29.
242	Iwan Evans	M	27.	Male 45-49	2.	North Wales Road Runners	00:40:06	00:40:07	30.
21	Richard Adamson	M	28.	Male 40-44	3.	Betsi Runaways	00:40:16	00:40:21	31.
96	Rachel Shipley	F	4.	Female 21-34	4.	Abergele Harriers	00:40:32	00:40:32	32.
111	Iolo Owen	M	29.	Male 45-49	3.	N/A	00:40:29	00:40:35	33.
202	Colin Ball	M	30.	Male 40-44	4.	(Caernarfon)	00:40:53	00:40:59	34.
147	Andrew Parry	M	31.	Male 40-44	5.	(Prestatyn)	00:41:06	00:41:06	35.
119	Joseph Clark	M	32.	Male 50-54	4.	(Llandudno)	00:41:11	00:41:14	36.
108	Paul Garstang	M	33.	Male 60-64	1.	Gog Triathlon	00:41:13	00:41:15	37.
43	Conor Gregory	M	34.	Male 21-34	10.	(Colwyn Bay)	00:41:22	00:41:31	38.
105	Llion Iwan	M	35.	Male 50-54	5.	Eryri Harriers	00:41:36	00:41:41	39.
221	Emma Alofs	F	5.	Female 21-34	5.	Cybi Striders	00:41:54	00:41:56	40.
30	Nick Houghton	M	36.	Male 55-59	3.	Cybi Striders	00:41:54	00:41:56	41.
206	Tom Imlah	M	37.	Male 21-34	11.	GOG Triathlon Club	00:42:04	00:42:06	42.
216	Adrian Brown	M	38.	Male 35-39	7.	Royton road runners	00:42:03	00:42:11	43.
36	John Huw Watkin	M	39.	Male 21-34	12.	Cybi Striders	00:42:25	00:42:28	44.
235	Tom Williams	M	40.	Male 12-20	4.	(Conwy)	00:42:30	00:42:31	45.
241	Alice Johnston	F	6.	Female 21-34	6.	Les Croupiers RRC	00:42:32	00:42:35	46.
132	Sion Kelly	M	41.	Male 12-20	5.	(Caernarfon)	00:42:47	00:42:50	47.
35	Carwyn Jones	M	42.	Male 40-44	6.	(Holyhead)	00:42:46	00:42:51	48.
211	Jamie Tharme	M	43.	Male 45-49	4.	North Wales Road Runners	00:43:15	00:43:19	49.
98	Rhodri Evans	M	44.	Male 35-39	8.	Eryri Harriers	00:43:32	00:43:40	50.
170	Elin Jones	F	7.	Female 21-34	7.	(Conwy)	00:43:47	00:43:47	51.
122	Trevor Jones	M	45.	Male 40-44	7.	Meirionnydd Running Club	00:43:45	00:43:49	52.

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Bib	Name	Gend	Pos	AG	Pos	Club	ChipTi	GunTime	Pos
6	Owen Pooley	M	46.	Male 21-34	13.	(Llandwrog)	00:43:47	00:43:53	53.
166	Richie Williams	M	47.	Male 55-59	4.	Cybi Striders	00:43:49	00:43:55	54.
226	Andrew Goater	M	48.	Male 50-54	6.	Betsi Runaways	00:43:55	00:43:57	55.
74	Margo Saher	F	8.	Female 45-49	1.	(Bethesda)	00:43:58	00:43:58	56.
41	Richard	M	49.	Male 60-64	2.	Meirionnydd Running Club	00:43:56	00:43:59	57.
50	Darren Thompson	M	50.	Male 55-59	5.	Prestatyn running club	00:43:49	00:44:03	58.
81	Dilwyn	M	51.	Male 35-39	9.	(Caernarfon)	00:44:03	00:44:04	59.
233	Rhys Ab Elwyn	M	52.	Male 55-59	6.	(Caernarfon)	00:44:12	00:44:15	60.
165	Eliw Haf	F	9.	Female 35-39	1.	Eryri Harriers	00:44:07	00:44:15	61.
186	John Jones	M	53.	Male 65-69	1.	Eryri Harriers	00:44:15	00:44:22	62.
220	Liam Williams	M	54.	Male 12-20	6.	(Colwyn Bay)	00:44:30	00:44:31	63.
133	Zoe Jones	F	10.	Female 21-34	8.	Cybi Striders	00:44:30	00:44:39	64.
163	William Peel	M	55.	Male 21-34	14.	Cybi Striders	00:44:20	00:44:40	65.
136	Robert Russell	M	56.	Male 21-34	15.	(Manchester)	00:44:34	00:44:51	66.
57	Sarah Ferguson	F	11.	Female 45-49	2.	North Wales Road Runners	00:44:54	00:44:59	67.
117	Caroline Hardie	F	12.	Female 35-39	2.	(Pwllheli)	00:44:56	00:45:02	68.
86	Ben Gardner	M	57.	Male 35-39	10.	(Harlech)	00:44:57	00:45:04	69.
56	Tomos Hywel	M	58.	Male 21-34	16.	(Chwilog)	00:44:54	00:45:09	70.
218	Kegan Jones	M	59.	Male 12-20	7.	Dyffryn	00:45:11	00:45:12	71.
240	Sandy Johnston	M	60.	Male 70-74	1.	Les Croupiers RRC	00:45:16	00:45:20	72.
224	Canyon Wilson	M	61.	Male 21-34	17.	Prestatyn RC	00:45:25	00:45:26	73.
250	Amer Sepahi	M	62.	Male 21-34	18.		00:45:32	00:45:33	74.
69	Dan Fisher	M	63.	Male 21-34	19.	(Caernarfon)	00:45:29	00:45:34	75.
184	Steven Roberts	M	64.	Male 55-59	7.	North Wales Road Runners	00:45:35	00:45:39	76.
238	Ed Sanders	M	65.	Male 35-39	11.	Cybi Striders	00:45:43	00:45:52	77.
63	Owen Evans	M	66.	Male 40-44	8.	Prestatyn RC	00:45:41	00:45:55	78.
93	Simon Nixon	M	67.	Male 65-69	2.	denbigh harriers	00:45:53	00:45:59	79.
155	Jay Jennions	F	13.	Female 40-44	1.	Deestridders R.C	00:45:58	00:46:04	80.
24	Sion Roberts	M	68.	Male 35-39	12.	Cybi Striders	00:46:04	00:46:16	81.
134	Martin Owen	M	69.	Male 55-59	8.	Beaumaris Town Road	00:46:12	00:46:18	82.
109	Andrew Parker	M	70.	Male 45-49	5.	Betsi Runaways	00:46:16	00:46:19	83.
154	Sonia Williams	F	14.	Female 35-39	3.	Cybi Striders	00:46:11	00:46:19	84.
181	Ollie Jones	M	71.	Male 21-34	20.	(Bangor)	00:46:23	00:46:38	85.
110	Christos Panteli	M	72.	Male 21-34	21.	(London)	00:46:44	00:46:45	86.
187	Mike Snell	M	73.	Male 65-69	3.	Eryri Harriers	00:46:36	00:46:50	87.
244	Suzanne Pymm	F	15.	Female 40-44	2.		00:46:53	00:46:57	88.
232	Neil Gillard	M	74.	Male 21-34	22.	(Menai Bridge)	00:47:04	00:47:05	89.
70	Marc Jones	M	75.	Male 55-59	9.	Prestatyn RC	00:47:00	00:47:13	90.
225	Gwydion Williams	M	76.	Male 21-34	23.	(Caernarfon)	00:47:08	00:47:15	91.
145	Kay Hatton	F	16.	Female 60-64	1.	nwrcc	00:47:23	00:47:27	92.
55	Gareth Southworth	M	77.	Male 55-59	10.	Cybi Striders	00:47:35	00:47:44	93.
157	Emyr Davies	M	78.	Male 80+	1.	Rhedwyr hebog	00:47:55	00:47:57	94.
146	Cheryl Frost	F	17.	Female 55-59	1.	nwrcc	00:47:55	00:48:00	95.
229	Clive Wycherley	M	79.	Male 65-69	4.	(Gaerwen)	00:48:24	00:48:30	96.
62	Sian Beck	F	18.	Female 45-49	3.	Prestatyn RC	00:48:28	00:48:39	97.
191	Owain Hughes	M	80.	Male 21-34	24.	(Holyhead)	00:48:34	00:48:45	98.
193	Wendi Evans	F	19.	Female 60-64	2.	Eryri Harriers	00:48:52	00:48:57	99.
51	John Mcadam	M	81.	Male 35-39	13.	(Llandudno)	00:48:49	00:48:59	100.
245	Mike King	M	82.	Male 21-34	25.		00:49:04	00:49:09	101.
214	Laura Mckenzie	F	20.	Female 40-44	3.	Betsi Runaways	00:49:19	00:49:23	102.
32	Paul Jones	M	83.	Male 45-49	6.	Rhedwyr Hebog Runners	00:49:19	00:49:29	103.
85	Tim Bolland	M	84.	Male 55-59	11.	(Shrewsbury)	00:49:52	00:49:58	104.
80	Poppy Jones	F	21.	Female 12-20	1.	(Criccieth)	00:49:52	00:49:59	105.

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Bib	Name	Gend	Pos	AG	Pos	Club	ChipTi	GunTime	Pos
141	Stuart Hardcastle	M	85.	Male 65-69	5.	(Y Felinheli)	00:49:55	00:50:01	106.
164	Helen Ashworth	F	22.	Female 40-44	4.	Prestatyn RC	00:50:03	00:50:13	107.
125	Nia Davies	F	23.	Female 50-54	1.	(Caernarfon)	00:50:10	00:50:24	108.
115	Sharon Jones	F	24.	Female 50-54	2.	(Corwen)	00:50:35	00:50:45	109.
156	Donna Jones	F	25.	Female 40-44	5.	Cybi Striders	00:50:43	00:50:51	110.
72	Helen Blair	F	26.	Female 55-59	2.	Eryri Harriers	00:50:48	00:50:55	111.
40	Geraint Jones	M	86.	Male 55-59	12.	(Caernarfon)	00:51:06	00:51:20	112.
20	Yvette Adamson	F	27.	Female 45-49	4.	Betsi Runaways	00:51:14	00:51:23	113.
124	Gilly Glass	F	28.	Female 50-54	3.	Eryri Harriers	00:51:21	00:51:23	114.
249	Rhys Hearn	M	87.	Male 45-49	7.	Mon Milers	00:51:06	00:51:24	115.
77	Allison Reid	F	29.	Female 50-54	4.	Prestatyn running club	00:51:20	00:51:31	116.
198	Steve Dutton	M	88.	Male 45-49	8.	GOG Triathlon Club	00:51:39	00:51:41	117.
239	Liam Jones	M	89.	Male 35-39	14.	(Rhyl)	00:51:26	00:51:46	118.
231	Clara Combin	F	30.	Female 21-34	9.	(Caernarfon)	00:51:43	00:51:48	119.
197	Dafydd Emrys	M	90.	Male 40-44	9.	N/A	00:51:47	00:51:58	120.
4	Hannah Williams	F	31.	Female 21-34	10.	(COLWYN BAY)	00:51:55	00:52:00	121.
28	Katie Baldwin	F	32.	Female 21-34	11.	(Bangor)	00:51:57	00:52:05	122.
48	Linda Edwards	F	33.	Female 60-64	3.	(Bala)	00:51:52	00:52:07	123.
179	Hannah Griffith	F	34.	Female 50-54	5.	nwrcc	00:52:03	00:52:08	124.
200	Nigel Passmore	M	91.	Male 70-74	2.	(Harlech)	00:52:05	00:52:13	125.
116	Arwel Owen	M	92.	Male 40-44	10.	(Pwllheli)	00:52:10	00:52:23	126.
185	Nia Meleri	F	35.	Female 35-39	4.	Eryri Harriers	00:52:21	00:52:29	127.
222	Lewis Taylor	M	93.	Male 21-34	26.	(Colwyn Bay)	00:52:26	00:52:30	128.
175	George Nixon	M	94.	Male 70-74	3.	Prestatyn RC	00:52:36	00:52:46	129.
46	Andrew Carter	M	95.	Male 35-39	15.	(Broughton)	00:52:42	00:52:48	130.
78	Richard Furniss	M	96.	Male 40-44	11.	Cybi Striders	00:52:30	00:52:50	131.
49	Hannah Joyce	F	36.	Female 40-44	6.	(Bala)	00:52:38	00:52:54	132.
248	Simon Longman	M	97.	Male 70-74	4.		00:52:47	00:52:55	133.
208	Adam Lloyd Jones	M	98.	Male 21-34	27.	(Caernarfon)	00:52:41	00:52:58	134.
76	Elin Davies	F	37.	Female 21-34	12.	(Caernarfon)	00:53:04	00:53:12	135.
68	Emily Careless	F	38.	Female 12-20	2.	(Rhyl)	00:53:03	00:53:13	136.
27	Kevin Higgins	M	99.	Male 60-64	3.	North Wales Road Runners	00:53:11	00:53:18	137.
118	William Evans	M	100.	Male 55-59	13.	Eryri Harriers	00:53:19	00:53:26	138.
180	Ceirion Williams	M	101.	Male 60-64	4.	(Caernarfon)	00:53:26	00:53:38	139.
234	Darren Workman	M	102.	Male 45-49	9.	(Swindon)	00:53:30	00:53:42	140.
172	Paul Owen	M	103.	Male 50-54	7.	(Bangor)	00:53:27	00:53:46	141.
177	Meirio Miles	M	104.	Male 55-59	14.	(Talsarnau)	00:53:59	00:54:08	142.
45	Alex Kirkpatrick	M	105.	Male 21-34	28.	(Colwyn Bay)	00:54:03	00:54:12	143.
44	Elin Harlow	F	39.	Female 21-34	13.	(Colwyn Bay)	00:54:03	00:54:12	144.
82	Glesni Parry	F	40.	Female 21-34	14.	(Bala)	00:54:04	00:54:19	145.
196	Meilyr Emrys	M	106.	Male 40-44	12.	N/A	00:54:26	00:54:38	146.
90	Adam Boggs	M	107.	Male 21-34	29.	(Bangor)	00:54:51	00:54:54	147.
151	Carwyn Williams	M	108.	Male 35-39	16.	(Caernarfon)	00:54:48	00:55:00	148.
137	Jordan Robinson	M	109.	Male 21-34	30.	(Mold)	00:54:46	00:55:07	149.
140	Gwenno Owen	F	41.	Female 21-34	15.	(Bodorgan)	00:55:05	00:55:14	150.
39	Cenin Evans	F	42.	Female 40-44	7.	(Caernarfon)	00:55:06	00:55:19	151.
192	Wendy Jones	F	43.	Female 60-64	4.	(Blaenau Ffestiniog)	00:55:14	00:55:23	152.
126	Pwyll Ap Sion	M	110.	Male 50-54	8.	(Caernarfon)	00:55:33	00:55:46	153.
204	Kirsty Jones	F	44.	Female 21-34	16.	(Caernarfon)	00:55:31	00:55:48	154.
25	Rhian Hughes	F	45.	Female 12-20	3.	(Wrexham)	00:55:46	00:56:04	155.
142	Victoria Keith	F	46.	Female 21-34	17.	(Llanfairpwllgwyngyll)	00:55:54	00:56:07	156.
176	Simon Brookes	M	111.	Male 50-54	9.	Llamwyr Llyn	00:55:52	00:56:08	157.
79	Kelly O'donnell	F	47.	Female 40-44	8.	Eryri Harriers	00:56:14	00:56:32	158.

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Bib	Name	Gend	Pos	AG	Pos	Club	ChipTi	GunTime	Pos
89	Kieron Fletcher	M	112.	Male 21-34	31.	(Merthyr Tydfil)	00:56:31	00:56:44	159.
123	Deborah Clarke	F	48.	Female 50-54	6.	(Caernarfon)	00:57:02	00:57:05	160.
97	Michael Davis	M	113.	Male 75-79	1.	Prestatyn RC	00:57:09	00:57:16	161.
182	Natasha Preston	F	49.	Female 21-34	18.	(Bangor)	00:57:03	00:57:18	162.
33	Cai Roberts	M	114.	Male 40-44	13.	North Wales Road Runners	00:57:19	00:57:23	163.
199	Ian Riley	M	115.	Male 21-34	32.	(Liverpool)	00:57:23	00:57:34	164.
205	Len Jackson	M	116.	Male 65-69	6.	North Wales Road Runners	00:57:44	00:57:50	165.
94	Myfanwy Fenwick	F	50.	Female 21-34	19.	(Machynlleth)	00:57:38	00:57:55	166.
34	Kelly Alford	F	51.	Female 35-39	5.	North Wales Road Runners	00:58:15	00:58:19	167.
121	Heather Jones	F	52.	Female 60-64	5.	(Bangor)	00:58:24	00:58:30	168.
26	Faith Pateson	F	53.	Female 21-34	20.	(.)	00:58:33	00:58:51	169.
87	Michael Fletcher	M	117.	Male 21-34	33.	(Treharris)	00:59:10	00:59:23	170.
71	David Jones	M	118.	Male 55-59	15.	(Caernarfon)	00:59:17	00:59:35	171.
189	Andrew Lewis	M	119.	Male 45-49	10.	(Barry)	00:59:34	00:59:46	172.
59	Helen Counsell	F	54.	Female 45-49	5.	(Chester)	00:59:47	01:00:01	173.
188	Michael Hayton	M	120.	Male 70-74	5.	North Wales Road Runners	01:00:03	01:00:10	174.
150	Kathryn Roberts	F	55.	Female 50-54	7.	Rhedwyr Hebog Runners	00:59:55	01:00:11	175.
149	Eileen Fenner	F	56.	Female 65-69	1.	Rhedwyr Hebog Runners	00:59:56	01:00:12	176.
130	Leslie	M	121.	Male 50-54	10.	Rhedwyr hebog	01:00:28	01:00:44	177.
152	Elin Williams	F	57.	Female 45-49	6.	Rhedwyr hebog	01:00:43	01:00:59	178.
114	Rob Owen	M	122.	Male 35-39	17.	Hebog	01:01:04	01:01:16	179.
167	Zack Webster	M	123.	Male 21-34	34.	(Ffynnongroyw)	01:01:02	01:01:16	180.
194	Robert Fryer	M	124.	Male 65-69	7.	North Wales Road Runners	01:01:23	01:01:28	181.
95	Iwan Parry	M	125.	Male 45-49	11.	(Caernarfon)	01:01:30	01:01:43	182.
237	Louise Oldfield	F	58.	Female 50-54	8.	Blackburn Road Runners	01:01:44	01:02:00	183.
83	Lois Jones	F	59.	Female 21-34	21.	(Blaenau Ffestiniog)	01:01:50	01:02:06	184.
3	Elen Roberts	F	60.	Female 21-34	22.	(Manchester)	01:01:58	01:02:16	185.
215	Natali Brown	F	61.	Female 40-44	9.	Royton road runners	01:02:10	01:02:24	186.
219	Will Nesbitt	M	126.	Male 21-34	35.	(Abergele)	01:03:33	01:03:52	187.
84	Maisie Shields	F	62.	Female 21-34	23.	(Salford)	01:04:37	01:04:54	188.
22	Rhys Roberts	M	127.	Male 60-64	5.	(Caernarfon)	01:04:39	01:04:57	189.
104	Roger	M	128.	Male 80+	2.	Prestatyn RC	01:04:52	01:05:08	190.
144	Vito Ricciardi	M	129.	Male 55-59	16.	(Caernarfon)	01:04:53	01:05:09	191.
243	Margaret Oliver	F	63.	Female 75-79	1.	Eryri Harriers	01:06:45	01:06:52	192.
162	Heather Foden	F	64.	Female 21-34	24.	(Abergele)	01:06:54	01:07:11	193.
13	Olive Irvine-Jones	F	65.	Female 21-34	25.	(Llanfairpwllgwyngyll)	01:07:08	01:07:22	194.
212	Petra Irvine	F	66.	Female 21-34	26.	(Caernarfon)	01:07:07	01:07:22	195.
100	Natasha Tomlin	F	67.	Female 21-34	27.	(Wirral)	01:07:11	01:07:32	196.
99	James Whalley	M	130.	Male 35-39	18.	(Wirral)	01:07:11	01:07:32	197.
66	Vivienne Edwards	F	68.	Female 65-69	2.	Eryri Harriers	01:08:06	01:08:20	198.
75	Moyra Baldwin	F	69.	Female 70-74	1.	(Denbigh)	01:08:09	01:08:27	199.
143	Corinne Ricciardi	F	70.	Female 55-59	3.	Clwb Run Wales	01:08:49	01:09:05	200.
228	Christine	F	71.	Female 65-69	3.	(Gaerwen)	01:09:25	01:09:34	201.
47	Lisa Williams	F	72.	Female 21-34	28.	(Caernarfon)	01:10:00	01:10:21	202.
129	Celia Free	F	73.	Female 50-54	9.	(Conwy)	01:11:42	01:11:53	203.
247	Sonja Griffiths	F	74.	Female 55-59	4.	GOG Triathlon Club	01:11:48	01:11:59	204.
227	Ilona Kurta	F	75.	Female 55-59	5.	Betsi Runaways	01:12:17	01:12:28	205.
209	Kevin Barlow	M	131.	Male 21-34	36.	(Caernarfon)	01:12:12	01:12:28	206.
207	Dan Lewis	M	132.	Male 21-34	37.	(Llysaen)	01:12:12	01:12:29	207.
190	David Temple	M	133.	Male 40-44	14.	Deestridders R.C.	01:12:35	01:12:48	208.
213	Dennis Smith	M	134.	Male 75-79	2.	(Abergele)	01:13:29	01:13:40	209.
103	Charlotte Roberts	F	76.	Female 21-34	29.	(Caernarfon)	01:19:44	01:20:02	210.

Caernarfon 10k

Overall Results

Bib Name	Gend	Pos	AG	Pos	Club	ChipTi	GunTime	Pos
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Number of records: 210